

# Explore The Lived Experience of Unemployed And Assess Level of Depression And Socioeconomic Status At Selected Settings

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## I. BACKGROUND

According to a study by the Economic Monitoring Centre of India (EMCI) 2016, Haryana and Rajasthan have the highest number of job losses, the unemployment rate in urban India stood at 24.95%, while in rural India it was 22.89%. Many factors play an important role in the journey of our daily life, the economy is the most important factor in meeting basic needs of our family. Livelihood and their happiness are an index for quality of life in a family. It is not only limited to a particular family but also penetrates into the economy of a country. When the income of a head of the family is restricted for some reason all the family members are affected and they face some kind psychological problem that may even lead to depression.

**AIM AND OBJECTIVE** :Explore the lived experience of the unemployed with regard to their depression level and socioeconomic Status.

**METHOD** : Phenomenology is a research method intended to explore the lived experience of unemployed with level of depression and socioeconomic status, the design used in this study was descriptive phenomenology design created by Husser and interpretive phenomenology created by Heidegger. The technique of Colaizzi's data analysis was used to seven steps. As per Colaizzi (1978), the researcher then extracted significant phrases and statements from the transcript that together form a whole meaning of the lived experience.

**RESULTS** : The unemployed will assess Phenomenological approach will be used to explore the lived experience of 5 participants age between 30 to 50 years. 3 female and 2 male all are married they have children, resided in rural area, two of them worked their professional job, two of them were employed in a company and another person had a photo studio now all are unemployed due to the lock down and other personal issues. Due to the unemployment all the participants are affected directly and indirectly. Unemployment lead some of personal problem, family issues, social problem and psychological wellbeing.

**CONCLUSION** : lived experience of unemployed data are collected through Colaizzi's step of data analysis in descriptive phenomenology, unemployment leads to depression and affect Socioeconomic status.

**KEY WORDS** : Phenomenology , socioeconomic status, depression, Lived experience.

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